

UNITED STATES DISTRICT COURT
WESTERN DISTRICT OF WASHINGTON
AT TACOMA

ROY P. ALLEN,

Plaintiff,

v.

JO ANNE B. BARNHART, Commissioner of
Social Security Administration,

Defendant.

CASE NO. **C05-5552RBL**

REPORT AND
RECOMMENDATION

Noted for January 12, 2007

This matter has been referred to Magistrate Judge J. Kelley Arnold pursuant to 28 U.S.C. § 636(b)(1)(B) and Local Magistrates Rule MJR 4(a)(4) and as authorized by Mathews, secretary of H.E.W. v. Weber, 423 U.S. 261 (1976). This matter has been briefed, and after reviewing the record, the undersigned recommends that the Court affirm the administration's final decision.

INTRODUCTION

Plaintiff, Roy P. Allen, was born in 1965, he dropped out of High School in the 11th grade and he earned a GED in 1999. Plaintiff was previously married and he has one child. He has work experience as a landscaper, and he last worked in 1985. Plaintiff alleges he has been unable to work since 1985 due to back pain (Dr. 156).

Plaintiff filed a claim or application for Title XVII Social Security benefits in 2000, which was ultimately denied when Plaintiff failed to appear for his hearing in 2001. Plaintiff filed a second application for Title XVII Social Security disability benefits on January 28, 2002 (Tr. 82). His claim was initially

1 denied on July 31, 2002 (Tr. 35), and he filed a Request for Reconsideration on September 10,. 2002 (Tr.
2 39). The administration denied the request, and Plaintiff filed a Request for Hearing by Administrative
3 Law Judge ("ALJ") on December 21,2002 (Tr. 44). The hearing was held on February 3, 2004. The ALJ
4 issued his decision on October 19, 2004, denying the application. Plaintiff timely filed a request for Review
5 of Hearing Decision/Order with the Social Security Appeals Council, but on June 5, 2005, the Appeals
6 Council ruled against the Plaintiff. The ALJ's decision of October 19, 2004, therefore became the final
7 administrative decision.

8 The ALJ applied the five-step sequential evaluation process for determining whether a
9 claimant is disabled. *See* 20 C.F.R. § 416.920. At step-one, the ALJ found that Plaintiff had not engaged
10 in substantial gainful activity (Tr. 16, 23 Finding 1). At step-two, the ALJ found that Plaintiff established
11 the following severe impairments: lumbosacral strain syndrome with degenerative joint disease at L5-S1; an
12 adjustment disorder; a chronic pain disorder; and a personality disorder (Tr. 17, 24 Finding 2). At step
13 three, the ALJ found that Plaintiff's impairments, alone or in combination, did not satisfy the Listings (Tr.
14 18, 24 Finding 3). The ALJ further determined that Plaintiff retained the following residual functional
15 capacity (RFC): lift 20 pounds occasionally, 10 pounds frequently; sit/stand at will; only occasional
16 bending or squatting; and only occasional contact with the public (Tr. 22, 24 Finding 5). At step four, the
17 ALJ found that Plaintiff had no past relevant work (Tr. 22, 24 Finding 6). At step five, relying upon
18 vocational expert testimony, the ALJ found that a younger person, with Plaintiff's RFC and vocational
19 profile, could perform a significant number of jobs in the national economy, represented by: small products
20 assembly (700,000 jobs nationally, 5,000 statewide); and cannery worker (500,000 jobs nationally, 5,500
21 jobs statewide)(Tr. 23). The ALJ thus found Plaintiff capable of performing a significant number of jobs in
22 the national economy and not disabled (Tr. 23, 24 Findings 10 and 11).

23 Plaintiff filed a Complaint with the Court challenging the denial of his applications for benefits on
24 August 19, 2006. Specifically, plaintiff contends: (1) the ALJ failed to apply the proper standard in
25 assessing the Plaintiff's subjective pain symptoms; (2) the ALJ erred by according improper weight to
26 evidence and testimony from non-treating medical sources; and (3) the ALJ erred by improper questioning
27 of the vocational expert. Defendant counter-argues that the ALJ applied the proper legal standards and
28 that the administrative findings and conclusions were properly supported by substantial evidence.

DISCUSSION

This Court must uphold the determination that plaintiff is not disabled if the ALJ applied the proper legal standard and there is substantial evidence in the record as a whole to support the decision. Hoffman v. Heckler, 785 F.2d 1423, 1425 (9th Cir. 1986). Substantial evidence is such relevant evidence as a reasonable mind might accept as adequate to support a conclusion. Richardson v. Perales, 402 U.S. 389, 401 (1971); Fife v. Heckler, 767 F.2d 1427, 1429 (9th Cir. 1985). It is more than a scintilla but less than a preponderance. Sorenson v. Weinberger, 514 F.2d 1112, 1119 n.10 (9th Cir. 1975); Carr v. Sullivan, 772 F. Supp. 522, 525 (E.D. Wash. 1991). If the evidence admits of more than one rational interpretation, the Court must uphold the Secretary's decision. Allen v. Heckler, 749 F.2d 577, 579 (9th Cir. 1984).

A. THE ALJ PROPERLY ASSESSED THE MEDICAL OPINIONS

The ALJ is entitled to resolve conflicts in the medical evidence. Sprague v. Bowen, 812 F.2d 1226, 1230 (9th Cir. 1987). He may not, however, substitute his own opinion for that of qualified medical experts. Walden v. Schweiker, 672 F.2d 835, 839 (11th Cir. 1982). If a treating doctor's opinion is contradicted by another doctor, the Commissioner may not reject this opinion without providing "specific and legitimate reasons" supported by substantial evidence in the record for doing so. Murray v. Heckler, 722 F.2d 499, 502 (9th Cir. 1983). "The opinion of a nonexamining physician cannot by itself constitute substantial evidence that justifies the rejection of the opinion of either an examining physician or a treating physician." Lester v. Chater, 81 F.3d 821, 831 (9th Cir. 1996). In Magallanes v. Bowen, 881 F.2d 747, 751-55 (9th Cir. 1989), the Ninth Circuit upheld the ALJ's rejection of a treating physician's opinion because the ALJ relied not only on a nonexamining physician's testimony, but in addition, the ALJ relied on laboratory test results, contrary reports from examining physicians and on testimony from the claimant that conflicted with the treating physician's opinion.

Here, plaintiff contends the ALJ improperly evaluated the opinion of Dr. Bell. Dr. Bell is Plaintiff's treating physician, and in 1995, Dr. Bell concluded opined:

Mr. Roy Allen is a patient under my care for chronic lumbosacral strain syndrome. He has had surgery without any significant benefit. He has developed a syndrome of intractable low back pain aggravated by any significant lifting, twisting, or bending.

I do not think this patient is going to be able to return to work, and he is going to have to live with his current level of comfort.

(Tr. 231). On October 24, 2002, Dr. Bell further noted:

1 [Mr. Allen] is generally unemployable, unlikely to work full time. He stands 20 minutes to
2 walk, walks about ½ block and gets short of breath and severe back pain. He cannot do
3 anything greater than 20 minutes in terms of walking, lifting, twisting, and bending. He
4 cannot lift things up that are 10 or 15 pounds over his head.

(Tr. 298).

5 As noted above, the ALJ may reject the opinion of a treating physician if the ALJ provides,
6 “specific and legitimate reasons” supported by substantial evidence in the record. Here, the ALJ gave
7 specific and legitimate reasons to reject the treating opinions of Dr. Bell. The ALJ explained his reasoning
8 and decision as follows:

9 Based on the objective record, medical expert David R. Rullman, M.D., testified that all
10 neurological evaluations are normal, the record contains no evidence of spina bifida, and x-
11 rays are also normal, showing ordinary abnormalities that occur in most people after the age
12 of 20. While emphasized by the representative, the medical expert did not endorse the
13 diagnosis of failed back syndrome which, as previously discussed, was briefly cited by Dr.
14 Bell and Dr. Doorani. However, Dr. Rullman explained that chronic pain syndrome is a
15 recognized diagnosis.

16 A single evaluation supports the allegations of the claimant and describes him as unable to
17 function. In a consultative evaluation on June 20, 2002, by Anand Vaishnav, M.D., the
18 claimant reported arthritis for years with low back pain; neck pain; arthritis in the elbows,
19 wrists, and knee joints, arising in the past month; fibromyalgia for 3 to 4 years; asthma since
20 childhood; and a remote history of spina bifida (Exhibit B1F). While the representative has
21 more recently raised prior spina bifida as an issue, this is the only reference to this condition.
22 In making this evaluation, the physician had the records from Dr. Bell. It should be noted
23 that objective records reflect no evidence of degenerative joint disease. On this occasion,
24 Mr. Allen denied any complaints regarding the lower extremities, had a normal gait, and
25 was able to get on and off the examination table without difficulty. The physician reports
26 normal range of motion in the back, neck, hips, knees, shoulders, elbows, and ankles;
27 straight leg raising was normal; strength, muscle bulk, and tone were normal; and sensory
28 responses and reflexes were normal. Despite the absence of deficits or objective
documentation, the diagnosis was of degenerative arthritis at the cervical level, in the low
back, and in the knees, elbows, and ankles. Finally, Dr. Vaishnav reports that the claimant
is capable of only standing or walking 30 minutes out of 8 hours, sitting 30 minutes out of 8
hours, and lifting a maximum of 10 pounds. The opinion in this consultative evaluation is
neither credible nor entitled to weight in this decision. There is complete lack of objective
basis for the limitation imposed; the functional level is substantially less than that
demonstrated by the claimant to this physician; and the limitations are greater than alleged
by the claimant or found by any source.

The balance of the objective record provides scant support for the allegations of the
claimant that he experiences unrelenting pain of such severity that he is incapable of
functioning. As noted by psychologist Bowerly, despite his reported high pain, during an
extended evaluation Mr. Allen did not exhibit behavior associated with discomfort. The
claimant does not have a history of engaging in regular work activity, having relied on
public support and the support of relatives for almost 2 decades. Even the treating
neurologist, Dr. Bell, whom the representative urges be given greater credibility than the
medical expert, is not willing to state that the claimant is incapable of all work activity. In
responding to the question posed by the representative whether the reports of severe back
pain are inconsistent with the findings or lack of findings or MRI and x-ray evaluations, Dr.
Bell states that he has felt that the claimant has chronic lumbosacral strain with secondary

1 myofascial pain. He explains that attempts to find a correctable cause for this pain have not
2 shown anything which can be done and, while there is some degenerative disc disease, there
3 is nothing that could be surgically corrected (Exhibit B17F). Dr. Bell notes that the
4 claimant feels that his pain is so severe that he is unable to work, but his is obviously a
subjective evaluation, and again urges that a functional capacities evaluation be done to
clarify this. Finally, the physician states that he does not know if myofascial pain and
degenerative disc disease are sufficient to keep the claimant from working.

5 While Dr. Bell urges a functional capacities assessment, he evidently was never made aware
6 that a Physical Capacity Evaluation was conducted by Healthsouth, the source he
7 recommended, on October 7, 2002 (Exhibit B14E). At this time Mr. Allen reported that he
8 was able to sit 30 minutes, stand 15 minutes, walk 15 minutes, drive 30 minutes, and lift 15
9 pounds. The comprehensive evaluation quotes maximums in a day of sitting 4 hours,
10 standing 1.5 hours, and walking 2.5 hours, with lifting in the medium range. Gait is normal,
11 weight is 233 pounds, and Mr. Allen is unable to squat due to back pain; he is able to bend,
12 stoop, reach overhead, crawl, kneel, climb a ladder, twist, push and pull, stand, walk, and
climb stairs occasionally; and he is able to repetitively reach and sit frequently. The report
notes a score of 13 out of 16 on magnified illness behavior, and that the claimant is capable
of lifting a maximum of 30 pounds occasionally, which is medium activity based on the
United States Department of Labor, Dictionary of Occupational Titles. The evaluation then
states that due to poor body mechanics and poor tolerance to squatting and stooping, Mr.
Allen would be better suited to light activity up to 8 hours a day.

13 On July 16, 2004, Dr. Bell responded to a form submitted by the representative regarding
14 physical capacities and disorder of the spine (Exhibit B19F). The physician did not
15 complete this form, instead writing that he thought that the claimant needs a physical
16 capacity evaluation. Dr. Bell notes that some individuals do not experience a great deal of
improvement following back surgery. He states that, while it is possible that Mr. Allen
exaggerates the intensity of his chronic back pain, he is not able to give a definitive answer,
as there is no way he knows of objectively monitoring the severity of somebody's pain.

17 While a comprehensive physical capacity assessment of the claimant was conducted in
18 October 2002, a second Physical Capability Evaluation, again at Healthsouth, was
19 conducted on March 16, 2004 (Exhibit B18F). Curiously, again the primary treating
20 neurologist has not been made aware of this assessment. At this time Mr. Allen reported
21 that he is able to sit for 30 minutes, stand 10 minutes, walk 20 minutes, drive 25 minutes,
22 and lift 8 pounds. His weight was 252 pounds. In contrast to his perceived abilities, based
23 on demonstrated ability, the claimant is rated as being capable of light work, again based on
the Dictionary of Occupational Titles. On actual performance, the claimant was lifting 25
pounds occasionally and 18 pounds frequently, but using poor body mechanics to perform
these lifts. The report states that he is suited for full time work in the light category of
work for up to 8 hours per day, with the ability to change positions of sitting, standing, and
walking as needed in accordance with his demonstrated abilities. Squatting and stooping
should be restricted due to poor tolerance and pain of 8/10 reported by the claimant. The
evaluation also states that the claimant had inconsistent performance and self limiting
behavior.

24 These comprehensive evaluations demonstrate clearly that the limitations and deficits
25 alleged by the claimant are not credible. During the evaluations Mr. Allen was fully aware
26 that he [sic] his performance was being observed, measured, and recorded. These
27 evaluations are precisely what treating neurologist J. Bruce Bell, M.D., states is needed to
28 determine the claimant's actual ability level, as well as to assess his credibility regarding
pain complaints. Again, it must be pointed out that this treating physician evidently has no
knowledge of this available objective data. When combined with the balance of the record,
the record as a whole, and with consideration of all factors, it is clear that the claimant
retains the residual functional capacity for light exertional level physical activities

1 compromised by exertional and non-exertional limitations. His ability to perform the full
2 range of light activities is limited by only occasional bending or squatting and being able to
3 sit or stand at will. Contact with the public is also limited to occasional. The credibility of
the claimant regarding allegations of disabling limitations and pain is significantly
compromised by these objective findings of the physical abilities he clearly demonstrated.

4 (Tr. 20-22).

5 As evidenced by the above quoted explanation, the ALJ properly considered the medical opinions
6 related to Mr. Allen's limitations. More specifically, the ALJ properly considered and evaluated the
7 opinions of Dr. Bell. The ALJ discredited Dr. Bell's statements suggesting Mr. Allen was totally disable
8 based on the opinion of the medical expert (Dr. Rullman) and the physical evaluations completed by the
9 physical therapists at Healthsouth. The ALJ clearly explained he was relying on this medical evidence,
10 which supports the ALJ's assessment of Plaintiff's RFC and the conclusion that Mr. Allen retained the
11 ability to certain types of light work. The ALJ was entitled to rely on the opinions of the medical expert
12 (Dr. Rullman, who was a nonexamining physician) along with the objective physical assessments made by
13 Plaintiff's physical therapists (Healthsouth), rather than the statements made by Dr. Bell (plaintiff's treating
14 physician) and argued by Plaintiff suggesting he was completely disabled.

15 ***B. THE ALJ PROPERLY WEIGHED MR. ALLEN'S CREDIBILITY***

16 Bunnell v. Sullivan, 947 F.2d 341 (9th Cir. 1991) (*en banc*), is controlling Ninth Circuit authority
17 on evaluating plaintiff's subjective complaints. Bunnell requires the ALJ findings to be properly supported
18 by the record, and "must be sufficiently specific to allow a reviewing court to conclude the adjudicator
19 rejected the claimant's testimony on permissible grounds and did not 'arbitrarily discredit a claimant's
20 testimony regarding pain.'" *Id.* at 345-46 (quoting Elam v. Railroad Retirement Bd., 921 F.2d 1210, 1215
21 (11th Cir. 1991)). An ALJ may reject a claimant's subjective complaints, if the claimant is able to perform
22 household chores and other activities that involve many of the same physical tasks as a particular type of
23 job. Fair v. Bowen, 885 F.2d 597, 603 (9th Cir. 1989) However, as further explained in Fair v. Bowen,
24 *supra*, and Smolen v. Chater, 80 F.3d 1273, 1288 (9th Cir. 1996), the Social Security Act does not require
25 that claimants be utterly incapacitated to be eligible for benefits, and many home activities may not be
26 easily transferrable to a work environment where it might be impossible to rest periodically.

27 Here, plaintiff raises the issue of whether the ALJ erred in finding plaintiff's testimony not credible.
28 After reviewing the record, the court finds substantial evidence in the record supports the ALJ's analysis.

1 As noted above in discussion of the medical evidence, the ALJ specifically noted the inconsistency between
2 Plaintiff's allegations regarding the severity of his limitations and the assessments made by the physical
3 therapists at Healthsouth. The record indicates inconsistency of effort in
4 strength testing on Plaintiff's physical capacities examination (Tr. 312), and in October 2002, evaluators
5 noted 13 of 16 magnified illness behaviors and, again, identified poor effort (Tr. 175).

6 After reviewing the ALJ's decision and the administrative record, it is clear the ALJ has provided
7 sufficient evidence to discredit the Plaintiff's allegations of total disability. Accordingly, the ALJ properly
8 discredited plaintiff's testimony and allegations suggesting total disability.

9 **C. *SUBSTANTIAL EVIDENCE SUPPORTS THE ALJ'S FINDING THAT MR. ALLEN IS ABLE TO PERFORM***
10 ***CERTAIN TYPES OF LIGHT WORK***

11 Plaintiff argues the ALJ erred when he relied on the Vocational Expert's testimony. Here the ALJ
12 relied on the Vocational Expert's testimony to conclude plaintiff retained the ability to performing work
13 within the national economy, i.e., small product assembly and cannery worker.

14 At step-five of the administrative process the burden of proof shifts to the Commissioner to
15 produce evidence of other jobs existing in significant numbers in the national economy that Plaintiff could
16 perform in light of his age, education, work experience, and residual functional capacity. *See Tackett v.*
17 *Apfel*, 180 F.3d 1094, 1099 (9th Cir. 1999); *Roberts v. Shalala*, 66 F.3d 179, 184 (9th Cir. 1995). In
18 *Tackett*, the court noted "there are two ways for the Commissioner to meet the burden of showing that
19 there is other work in 'significant numbers' in the national economy that claimant can perform: (a) by the
20 testimony of a vocational expert, or (b) by reference to the Medical-Vocational Guidelines at 20 C.F.R. Pt.
21 404, subpt. P, app. 2." *Id.*

22 Plaintiff's allegation that the ALJ erred when he relied on the Vocational Expert's testimony is
23 without merit. Plaintiff's argument is based on the allegation that the ALJ failed to properly take into
24 account the medical evidence, particularly the opinions of Dr. Bell, and that the ALJ failed to properly
25 credit Plaintiff's allegations regarding the severity of his impairments. As explained above, the ALJ did not
26 err in his analysis of the medical evidence or Plaintiff's credibility. The ALJ is not obligated to accept all of
27 a claimant's proposed limitations, as long as the ALJ's findings are supported by substantial evidence. *See*
28 *Osenbrock v. Apfel*, 240 F.3d 1157, 1163-65 (9th Cir. 2001). Accordingly, the ALJ properly questioned
the Vocational Expert and relied on the testimony.

1 CONCLUSION

2 Based on the foregoing discussion, the Court should affirm the Administration's final decision
3 denying plaintiff's application for social security disability benefits. Pursuant to 28 U.S.C. § 636(b)(1) and
4 Rule 72(b) of the Federal Rules of Civil Procedure, the parties shall have ten (10) days from service of this
5 Report to file written objections. *See also* Fed.R.Civ.P. 6. Failure to file objections will result in a waiver
6 of those objections for purposes of appeal. Thomas v. Arn, 474 U.S. 140 (1985). Accommodating the
7 time limit imposed by Rule 72(b), the clerk is directed to set the matter for consideration on **January 12,**
8 **2007**, as noted in the caption.

9 DATED this 21st day of December, 2007.

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11 /s/ J. Kelley Arnold
12 J. Kelley Arnold
13 U.S. Magistrate Judge
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